

THE GENERATION GAME

HELPING TO BUILD
RELATIONSHIPS ACROSS
THE GENERATIONS



Charity No. 1168343

Recruiting NOW in Wisbech, Whittlesey & Ely

An opportunity has arisen for young people (aged 13 and over) to attend our Generation Game Project starting in September 2019.

Do you want:

new skills?

increased confidence?

new friends?

your CV to stand out from the crowd?

How about:

being involved in a positive activity?

helping the local community?

completing your Duke of Edinburgh?

discovering what skills and knowledge you have that could help others!

The Generation Game Project can help you!

What is it?

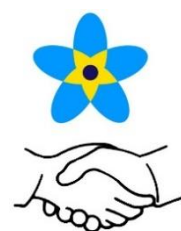
It's a ten-week course meeting weekly, costing just £15 per young person.

It starts with hot chocolate and cake, as we unwind from our day.

We then look at and discuss topics such as: how to be a good visitor to the elderly; what it's like to live with dementia; how we can help people who live in care homes; how similar/different our hobbies and interests are compared with an older person.



Each week is very different with activities; games; visitors and the chance to put your new skills to the test by visiting a care home with us.



At the end of the course you will have: a portfolio of your work; a Dementia Friends and First Aid Certificate and a host of new knowledge and skills. We'll also offer you the opportunity to take part in voluntary work in the local community.

You could use this course as your Skills Section for Duke of Edinburgh. It will also boost your College and University Application Forms and employment opportunities.

Programme

Wisbech – Mondays 3:30-5pm at Thomas Clarkson Academy
Whittlesey – Mondays 6-7:30pm at Youth & Community Centre, Scaldgate
Ely – Thursdays 3:30-5pm at Ely Community College

	Wisbech & Whittlesey	Ely	Subject
Week 1	Mon 9 Sept	Thur 12 Sept	Introduction and group agreement "About Me" and How many older people do you know?
Week 2	Mon 16 Sept	Thur 19 Sept	What makes a good/bad visitor? Positive communication
Week 3	Mon 23 Sept	Thur 26 Sept	Reminiscence activities and resources
Week 4	Mon 30 Sept	Thur 3 Oct	W & W: Basic First Aid – note this will be a 2 hour session Ely: Safeguarding and Boundaries & Dealing with challenging situations
Week 5	Mon 7 Oct	Thur 10 Oct	W & W: Safeguarding and Boundaries & Dealing with challenging situations Ely: Dementia Friends Information
Week 6	Mon 14 Oct	Thur 17 Oct	W & W: Dementia Friends Information Ely: Basic First Aid – note this will be a 2 hour session
Half Term	Mon 21 Oct	Thur 24 Oct	No session
Week 7	Mon 28 Oct	Thur 31 Oct	Identifying our strengths Setting up an activities night
Week 8	Mon 4 Nov	Thur 7 Nov	Setting up a visit
Week 9	Mon 11 Nov	Thur 14 Nov	Activities session or visit to local Care Home
Week 10	Mon 18 Nov	Thur 21 Nov	Volunteering opportunities, networking session Graduation Ceremony

What to do next:

Complete the enrolment form online at www.connectionsbusproject.org.uk.

Any questions please get in touch on 07853 018013 (Generation Game Youth Worker)
or the office on 07853 795256.

gengame@connectionsbusproject.org.uk

Some free places available – please get in touch to discuss this if payment is difficult.
The Connections Bus Project, P.O. Box 344, Histon, Cambridge CB24 9WZ

