

## THE GENERATION GAME

HELPING TO BUILD  
RELATIONSHIPS ACROSS  
THE GENERATIONS



Charity No. 1168343

### Recruiting NOW in Wisbech, Ely & Soham

An opportunity has arisen for young people (aged 13 and over) to attend our Generation Game Project starting in September 2019.

#### Do you want:

new skills?

increased confidence?

new friends?

your CV to stand out from the crowd?

#### How about:

being involved in a positive activity?

helping the local community?

completing your Duke of Edinburgh?

discovering what skills and knowledge you have that could help others!

### The Generation Game Project can help you!

#### What is it?

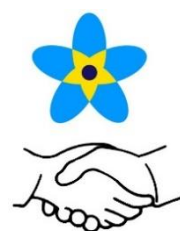
It's a ten-week course meeting weekly, costing just £15 per young person.

It starts with hot chocolate and cake, as we unwind from our day.

We then look at and discuss topics such as: how to be a good visitor to the elderly; what it's like to live with dementia; how we can help people who live in care homes; how similar/different our hobbies and interests are compared with an older person.



Each week is very different with activities; games; visitors and the chance to put your new skills to the test by visiting a care home with us.



At the end of the course you will have: a portfolio of your work; a Dementia Friends and First Aid Certificate and a host of new knowledge and skills. We'll also offer you the opportunity to take part in voluntary work in the local community.

You could use this course as your Skills Section for Duke of Edinburgh. It will also boost your College and University Application Forms and employment opportunities.

## Programme

**Wisbech** – Mondays 3:30-5pm at Thomas Clarkson Academy

**Ely** – Thursdays 3:30-5pm at Ely Community College

**Soham** – Thursdays 6-7:30pm at Soham Lodge Care Centre

	<b>Wisbech</b> (Mondays)	<b>Ely &amp; Soham</b> (Thursdays)	<b>Subject</b>
Week 1	16 Sept	19 Sept	Introduction and group agreement. "About me" and how many older people do you know?
Week 2	23 Sept	26 Sept	What makes a good/bad visitor? Positive communication.
Week 3	30 Sept	3 Oct	<b>W:</b> Basic First Aid – <b>note this will be a 2 hour session</b> <b>E &amp; S:</b> Safeguarding and Boundaries. Dealing with challenging situations.
Week 4	7 Oct	10 Oct	<b>W:</b> Safeguarding and Boundaries. Dealing with challenging situations. <b>E &amp; S:</b> Dementia Friends information
Week 5	14 Oct	17 Oct	<b>W:</b> Dementia Friends Information <b>E &amp; S:</b> Basic First Aid – <b>note this will be a 2 hour session</b>
Half Term	21 Oct	24 Oct	No session
Week 6	28 Oct	31 Oct	Reminiscence activities and resources
Week 7	4 Nov	7 Nov	Identifying your strengths. Setting up an activities night.
Week 8	11 Nov	14 Nov	Setting up a visit.
Week 9	18 Nov	21 Nov	Activities session or visit to local care home.
Week 10	25 Nov	28 Nov	Volunteering opportunities, networking session. Graduation Ceremony.

## What to do next:

Complete the enrolment form online at [www.connectionsbusproject.org.uk](http://www.connectionsbusproject.org.uk).

Any questions please get in touch on 07853 018013 (Generation Game Youth Worker) or the office on 07853 795256.

[gengame@connectionsbusproject.org.uk](mailto:gengame@connectionsbusproject.org.uk)

Some free places available – please get in touch to discuss this if payment is difficult.

The Connections Bus Project, P.O. Box 344, Histon, Cambridge CB24 9WZ

