

THE GENERATION GAME

HELPING TO BUILD
RELATIONSHIPS ACROSS
THE GENERATIONS



Charity No. 1168343

Recruiting NOW in Witchford & Littleport

An opportunity has arisen for young people (aged 11 and over) to attend our Generation Game Project starting in April 2020.

Do you want:

new skills?

increased confidence?

new friends?

your CV to stand out from the crowd?

How about:

being involved in a positive activity?

helping the local community?

completing your Duke of Edinburgh?

discovering what skills and knowledge you have that could help others!

The Generation Game Project can help you!

What is it?

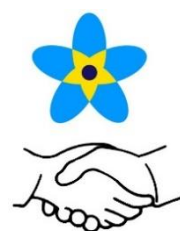
It's a ten-week course meeting weekly, and is free.

It starts with hot chocolate and cake, as we unwind from our day.

We then look at and discuss topics such as: how to be a good visitor to the elderly; what it's like to live with dementia; how we can help people who live in care homes; how similar/different our hobbies and interests are compared with an older person.



Each week is very different with activities; games; visitors and the chance to put your new skills to the test by visiting a care home with us.



At the end of the course you will have: a portfolio of your work; a Dementia Friends and First Aid Certificate and a host of new knowledge and skills. We'll also offer you the opportunity to take part in voluntary work in the local community.

You could use this course as your Skills Section for Duke of Edinburgh. It will also boost your College and University Application Forms and employment opportunities.

Programme

Witchford – Mondays 2:45-4:15pm at Witchford Village College

Littleport – Tuesdays 3:15-4:45pm at Littleport & East Cambs Academy

Littleport – Thursdays 3:15-4:45pm at Littleport & East Cambs Academy

	Week beginning	Provisional Programme
Week 1	27 Apr	Introduction and group agreement. "About me" and how many older people do you know?
Week 2	04 May	What makes a good/bad visitor? Positive communication.
Week 3	11 May	Safeguarding and Boundaries. Dealing with challenging situations.
Week 4	18 May	Dementia Friends information
Half Term	25 May	No Sessions
Week 5	01 Jun	Basic First Aid
Week 6	08 Jun	Reminiscence activities and resources
Week 7	15 Jun	Identifying your strengths. Setting up an activities night.
Week 8	22 Jun	Setting up a visit.
Week 9	29 Jun	Activities session or visit to local care home.
Week 10	06 July	Volunteering opportunities, networking session. Graduation Ceremony.

What to do next:

Complete the enrolment form online at www.connectionsbusproject.org.uk.

Any questions please get in touch on 07853 018013 (Generation Game Youth Worker)
or the office on 07853 795256.

gengame@connectionsbusproject.org.uk

The Connections Bus Project, P.O. Box 344, Histon, Cambridge CB24 9WZ

