

# ZOOM 'ON TO' THE BABYSITTING COURSE JANUARY 2021



Our 10-week babysitting course is now on-line via Zoom for residents of Histon, Milton and Oakington – fancy joining us?

If we can fill the places then we have the potential to run three courses in January with 14 places on each so be quick to get your enrolment form in.

Our aim is to increase your skills and knowledge of babysitting to become a safe and confident sitter, once this pandemic is over!

You will receive a copy of the portfolio to complete, at home, whilst interacting with 'the group' on Zoom. The sessions will be varied, fun, and thought provoking – you'll have the opportunity to discuss all aspects of 'looking after other people's children'. The only thing we usually supply, but won't be able to on Zoom, are the refreshments! However, we are willing to have a chat with your parents and explain the importance of supplying you with a hot chocolate and slice of cake to 'keep your strength up' during the course!

## What is this course about?

This is a tailor made course to help you gain a basic level of knowledge, understanding and learning in looking after other people's children (babysitting). As well as offering practical and hands-on experience, you will complete a portfolio of your work and receive a certificate on successful completion of the course, including Basic First Aid.

<b>Where</b>	Via Zoom in the comfort of your own home
<b>When</b>	<b>Starting once we have 14 young people signed up!</b> A course of ten 1.5 hour sessions after school or evenings starting in January. Histon will be Tuesdays at 4:30pm, Oakington and Milton to be confirmed. There will be a First Aid Course which will last for 2 hours. This will be a practical course provided by T J Training. All COVID Rules and Regulations will be adhered to and further information will be provided. You <u>must</u> complete the first aid course in order to obtain your certificate for the course.
<b>Who</b>	Open to young people aged between 14-17 (13 if you will be 14 by April 2021)
<b>Cost</b>	£15 per person – to include a Certified First Aid Course and course folder Some free places available – please get in touch to discuss this if payment is difficult.
<b>Enrol</b>	Complete the online registration form and make your payment

## Course Programme

<b>Week 1</b> – Introduction to the course, getting to know each other and what makes a good/bad babysitter.	<b>Week 6</b> – Childcare, toys and activities
<b>Week 2</b> – The law, what should we be able to expect from a babysitter/parent/child.	<b>Week 7</b> – Child protection
<b>Week 3</b> – Building effective relationships, listening and communication skills	<b>Week 8</b> – Accident prevention, fire safety and safety in the home
<b>Week 4</b> – First Aid Course	<b>Week 9</b> – Babysitting checklist, arranging a visit and preparation. Dealing with challenging situations.
<b>Week 5</b> – Babycare – what does a baby need? Handling babies, changing nappies, feeding babies, putting babies to bed, babies crying	<b>Week 10</b> – Review of learning scenarios. Hand in portfolios.