

# THE BABYSITTING COURSE HISTON & IMPINGTON

Our 10-week babysitting course is back! We hope to be meeting in person, but if COVID doesn't allow this we will do it on-line via Zoom instead – fancy joining us?

14 places are available so be quick to get your enrolment form in. Log onto our website to do this: [www.connectionsbusproject.org.uk](http://www.connectionsbusproject.org.uk)

Our aim is to increase your skills and knowledge of babysitting to become a safe and confident babysitter!

The sessions will be varied, fun, and thought provoking – you'll have the opportunity to discuss all aspects of 'looking after other people's children'. We will bring refreshments and everything you need to ensure you are enthused and happy during our sessions! If we can't meet in person, we will send you a goodie pack to enjoy at home!

## What is this course about?

This is a tailor made course to help you gain a basic level of knowledge, understanding and learning in looking after other people's children (babysitting). As well as offering practical and hands-on experience, you will complete a portfolio of your work and receive a certificate on successful completion of the course, including Basic First Aid.

<b>Where</b>	At IVC or on Zoom at home – COVID restrictions depending. If we have to run this at home, we will change the timings to allow for you to get home!
<b>When</b>	A course of 10 sessions on Tuesdays from 4 – 5.30pm Please note there will be a First Aid Course which will last for 2 hours. This will be a practical course provided by T J Training. You <u>must</u> complete the first aid course in order to obtain your certificate for the course.
<b>Who</b>	Open to young people aged between 14-17 (13 if you will be 14 in next 2 months)
<b>Cost</b>	£15 per person – to include a Certified First Aid Course Some free places available – please get in touch to discuss this if payment is difficult.
<b>Enrol</b>	Complete the online registration form. Your place will then be confirmed and payment details supplied.

## Course Programme

<b>Week 1</b> – Introduction to the course, getting to know each other and what makes a good/bad babysitter.	<b>Week 6</b> – Childcare, toys and activities
<b>Week 2</b> – The law, what should we be able to expect from a babysitter/parent/child.	<b>Week 7</b> – Child protection
<b>Week 3</b> – Building effective relationships, listening and communication skills	<b>Week 8</b> – Accident prevention, fire safety and safety in the home
<b>Week 4</b> – First Aid Course – to be confirmed	<b>Week 9</b> – Babysitting checklist, arranging a visit and preparation. Dealing with challenging situations.
<b>Week 5</b> – Babycare – what does a baby need? Handling babies, changing nappies, feeding babies, putting babies to bed, babies crying	<b>Week 10</b> – Review of learning scenarios. Hand in portfolios.