

**The Babysitting Course Programme  
Histon January 2024 4.00-5.30pm  
At Histon Baptist Church**

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| <b>Tuesday 16<sup>th</sup><br/>January</b>  | <b>Week 1</b> – Introduction to the course, getting to know each other and what makes a good/bad babysitter.                              |
| <b>Tuesday 23<sup>rd</sup><br/>January</b>  | <b>Week 2</b> – The law, what should we be able to expect from a babysitter/parent/child.   |
| <b>Tuesday 30<sup>th</sup><br/>January</b>  | <b>Week 3</b> – Building effective relationships, listening and communication skills  |
| <b>Tuesday 6<sup>th</sup><br/>February</b>  | <b>Week 4</b> – First Aid Course – this is a 2-hour session so will finish at 6pm   |
| <b>Tuesday 13<sup>th</sup><br/>February</b> | <b>Week 5</b> - Babycare – what does a baby need? Handling babies, changing nappies, feeding babies, putting babies to bed, babies crying |
|   | <b>HALF TERM – no session</b>   |
| <b>Tuesday 27<sup>th</sup><br/>February</b> | <b>Week 6</b> – Childcare, toys, and activities   |
| <b>Tuesday 5<sup>th</sup> March</b>         | <b>Week 7</b> – Child protection  |
| <b>Tuesday 12<sup>th</sup><br/>March</b>    | <b>Week 8</b> – Accident prevention, fire safety and safety in the home   |
| <b>Tuesday 19<sup>th</sup><br/>March</b>    | <b>Week 9</b> – Babysitting checklist, arranging a visit and preparation. Dealing with challenging situations                             |
| <b>Tuesday 26<sup>th</sup><br/>March</b>    | <b>Week 10</b> – Review of learning scenarios. Hand in portfolios.  |