

THE GENERATION GAME

HELPING TO BUILD
RELATIONSHIPS ACROSS
THE GENERATIONS



Recruiting NOW in Melbourn

We are looking for 15 young people (in year 9 and above) to join our Generation Game Project in April. This project will equip you with the skills and knowledge to be a safe and confident visitor to older people. It also helps to grow self-esteem and gives you qualifications to enhance your future.

Do you want:

new skills?
increased confidence?
new friends?
your CV to stand out from the crowd?

How about:

being involved in a positive activity?
helping the local community?
completing your Duke of Edinburgh?
discovering what skills and knowledge you have that could help others!

What is it?

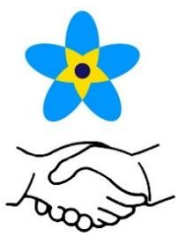
It's a ten-week course meeting every Tuesday from 4.15 – 5.45pm at The Pavilion in Melbourn, costing just £20 per young person.

It starts with hot chocolate and cake, as we unwind from our day.

We then look at and discuss topics such as: how to be a good visitor to the elderly; what it's like to live with dementia; how we can help people who live in care homes; how similar/different our hobbies and interests are compared with an older person.



Each week is very different with activities; games; visitors and the chance to put your new skills to the test by visiting a care home with us.



At the end of the course you will have: a portfolio of your work; a Dementia Friends and First Aid Certificate and a host of new knowledge and skills. We'll also offer you the opportunity to take part in voluntary work in the local community.

You could use this course as your Skills Section for Duke of Edinburgh. It will also boost your College and University Application Forms and employment opportunities.

The Generation Game Programme

Melbourn April 2026

Week 1	Tuesday 21 st April	Introduction and Group Agreement 'About me' How many older people do you know Getting to know each other questionnaire?
Week 2	Tuesday 28 th April	What makes a good visitor Positive communication The perfect handshake
Week 3	Tuesday 5 th May	Dementia Friends Information
Week 4	Tuesday 12 th May	Reminiscence activities and resources
Week 5	Tuesday 19 th May	Boundaries and safeguarding Dealing with challenging situations
	HALF TERM	No session
Week 6	Tuesday 2 nd June	Identifying our strengths Planning an activities session
Week 7	Tuesday 9 th June	Setting up a visit
Week 8	Tuesday 16 th June	Basic First Aid – note this will be a 2-hour session
Week 9	Tuesday 23 rd June	Activities session or visit to local Care Home
Week 10	Tuesday 30 th June	Volunteering opportunities, networking session Graduation Ceremony

What to do next:

Visit our website to watch a promotional video about the course, get more information about The Connections Bus Project – and **ENROL!!**

www.connectionsbusproject.org.uk/courses