



## Recruiting Now – Generation Game in Milton!

### Are you in Year 9 or above?

We're looking for 15 young people to join our exciting Generation Game Project this September!

This fun, interactive 10-week course will help you develop the skills, confidence and knowledge to become a caring and confident visitor to older people. Along the way you'll gain recognised qualifications, make new friends and build valuable experience for your future.

### What's in it for you?

- ✓ Gain new skills and qualifications
- ✓ Build confidence and self-esteem
- ✓ Meet new friends
- ✓ Enhance your CV, college and university applications
- ✓ Support your Duke of Edinburgh Award (Skills Section)
- ✓ Make a real difference in your local community
- ✓ Discover strengths and talents you didn't know you had!

### When, where and what is it?

When: every Thursday (starting Thursday 10<sup>th</sup> September)  
Time: 4.15pm – 5.45pm  
Where: All Saints Church, Milton  
How much: £20 for the whole 10-week course

Each session starts with hot chocolate and cake while everyone relaxes after school.

Then we'll explore a different topic each week through fun activities, discussions, games and guest speakers. You'll learn about:

- Being a great visitor to older people
- Understanding dementia
- Supporting people living in care homes
- Building friendships across generations
- How your skills and interests can make a difference

You'll also visit a local care home or host an activities session for local older people to attend and put your new skills into practice.

### By the end of the course, you'll receive:

- A portfolio of your work
- Dementia Friends Certificate
- First Aid Certificate
- Valuable volunteering experience
- The opportunity to continue volunteering in your local community

These achievements can strengthen college, university and job applications while helping you make a positive impact in the lives of others.

The course is delivered by experienced Youth Workers from The Connections Bus Project and funded by Milton Parish Council, who can't wait to make this available for local young people.

Places are limited to just 15 young people, so don't miss out!

Join us this September and discover how making a difference to someone else's life could change yours too.



## The Generation Game Programme Milton September 2026

|         |                                        |                                                                                                                                  |
|---------|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| Week 1  | Thursday 10 <sup>th</sup><br>September | Introduction and Group Agreement<br>'About me'<br>How many older people do you know<br>Getting to know each other questionnaire? |
| Week 2  | Thursday 17 <sup>th</sup><br>September | What makes a good visitor<br>Positive communication<br>The perfect handshake                                                     |
| Week 3  | Thursday 24 <sup>th</sup><br>September | Dementia Friends Information                                                                                                     |
| Week 4  | Thursday 1 <sup>st</sup><br>October    | Reminiscence activities and resources                                                                                            |
| Week 5  | Thursday 8 <sup>th</sup><br>October    | Boundaries and safeguarding<br>Dealing with challenging situations                                                               |
| Week 6  | Thursday 15 <sup>th</sup><br>October   | Identifying our strengths<br>Planning an activities session                                                                      |
| Week 7  | Thursday 22 <sup>nd</sup><br>October   | Setting up a visit                                                                                                               |
|         | HALF TERM                              | No session                                                                                                                       |
| Week 8  | Thursday 5 <sup>th</sup><br>November   | Basic First Aid – <b>note this will be a 2-hour session</b>                                                                      |
| Week 9  | Thursday 12 <sup>th</sup><br>November  | Activities session or visit to local Care Home                                                                                   |
| Week 10 | Thursday 19 <sup>th</sup><br>November  | Volunteering opportunities, networking session<br>Graduation Ceremony                                                            |

### What to do next:

Visit our website to watch a promotional video about the course, get more information about The Connections Bus Project – and **ENROL!!**

**[www.connectionsbusproject.org.uk/courses](http://www.connectionsbusproject.org.uk/courses)**